

Emotional Styles in Potential Managers

Speaker:

Dr. Kalpana Sahoo

Xavier School of Human Resource Management
Xavier University Bhubaneswar

The advent of neuroscience and the accompanying technology allows us a specific categorization of emotional styles. Emotional styles are much closer to underlying brain systems than emotional states or traits. Based on neuroscientific findings, a taxonomy of six emotional styles (resilience, optimism, social intuition, self-awareness, context-awareness, and attention) has been conceptualized. The present study



is geared to developing a psychometric measure of these six styles. A total number of 132 potential managers (72 males and 60 females) are individually administered a 60-item scale of emotional styles. In addition, two short versions of physical health and depression are also administered. The



examination of group difference across male and female managers reveals no gender difference. However, female managers tend to report greater optimism and attention, though the difference does not reach the level of statistical significance. As expected, these positive dimensions of emotional styles are significantly inter-correlated. The implications of findings are outlined for future intervention programmes.

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Faculty Coordinator: Prof. Kalpana Sahoo and Satyendra Nath Mishra

Administrative Coordinator: Madan Mohan Barik

Email: uds@xub.edu.in; Internal Phone: 7835 / 7752 / 7789

Phones: +91 674 2377700; Fax: +91 674 2300995